



## 2021 - 22 Vikings Information

Dear Parents,

I hope you and your family are all having a relaxing, enjoyable and safe summer vacation. Thank you for expressing an interest in joining the Viking Surf Sports Community. The amount of interest from UAE families has been above expectations and promises to be a great start in September. This letter will confirm details for the year ahead and how to book your child's place.

### Viking Values

1. Have Fun
2. Be Kind
3. Try your Best
4. Work Hard

### Viking Surf Sport Programs Offered

Nippers - 5- 11 Year olds

Rookie Lifeguards 12-18 Year Olds - SLSA Surf Rescue Certificate and RLSS Save & Survive

### Season Dates

Viking Surf Sports will run in conjunction with most International Schools term dates and will cease during the major holiday breaks of Christmas, Easter and Summer. No breaks for half terms, we will continue to train throughout.

Term	Start Date	Finish Date
Term 1 (14 weeks)	Saturday 4th September	Thursday 9th December
Term 2 (11 weeks)	Saturday 8th January	Thursday 24th March
Term 3 (11 weeks)	Saturday 16th April	Thursday 7th July

### Training Details

Ages	Day	Timing
U6, U8, U10 & U12	Saturday	7.30 - 8.30am
12-18 Rookie Lifesavers	Thursday	5-6pm

## **Places Available**

With places limited per age group for safety reasons and optimal coaching ratios, places filled up very fast and were allocated on a fair and transparent, first come first served basis.

For Term 1 we are full in our Nippers program and will not be accepting any more children.

If you would like your child to be added to the waiting list please - [click this link here](#)

This list will help us guide future planning and resources required.

We have spaces available in our Rookie Lifeguard Program for 12-18 year olds. If you would like for your child to register please contact [dxbsurfsports@gmail.com](mailto:dxbsurfsports@gmail.com) for more details and the payment link.

## **Viking Seasonal Costs**

Annual Registration, Kit, Insurance & Admin Fee - 350 AED

Viking Kit Includes:

Customised Viking 50+UV Rash Vest, Swim Bag, Viking Tee Shirt, Stickers & Hat

Termly Fee - 1,150/term

This covers high quality specialised coaching, ILS age appropriate surf equipment and ensuring we have the highest safety standards for our sessions.

## **Important Viking Policies & Disclaimer**

All members who sign up their children will need to agree and tick the boxes for each relevant policy which will impact their child's participation. To allow advanced reading of each policy I have attached the activity waiver, social media policy and code of conduct, please read and share the messages with your children.

## **Venue**

I am pleased to announce we have secured an ideal location with safe conditions, plenty of parking, centrally located, toilet facilities, food & beverage options along with excellent equipment accessibility for Viking sessions and family members.

NessNass North Beach/Sunset Mall Beach - [location map](#)

Note - The venue will vary on occasions according to special events, planned program variation, surf & weather conditions (these will be communicated in advance).

## **Coaches**

Viking Surf Sports has appointed coaches of the highest calibre who come from specialised water sports, educational, life savers and marine backgrounds who are excited about the Viking journey ahead. Stay tuned to our social media posts in the weeks to come as we introduce our coaching team to you all.

## **Nipper Age Group Managers - Volunteers**

All age groups will have Age Group Managers (AGMs), who are parents or interested members, who have volunteered to manage the age group. They are responsible for the welfare of their age group at training, welcoming them upon arrival, assisting coaches in delivery of the skills if needed/appropriate and very importantly the dismissal of children directly to their parents at the end of the session.

## **Volunteers**

Parents are invited and encouraged to share the experiences of junior activities with their children, to create a real community feel. Involvement within other aspects of the club may include assisting in providing water safety, officiating and administration along with participating in social and fundraising activities. You are definitely welcome at Viking Nippers and your contribution will aid in the community goals of the surf club.

Examples of parental help can include:

- Assisting in the setting up of the beach and the carrying of the equipment
- Washing off boards or helping pack up the beach equipment at the end of training
- Assist the Age Group Manager where appropriate
- Assist in fundraising events/activities
- Photography or media skills
- Volunteer to help with the BBQ
- Volunteer to become a Water Safety helper

If you would like to help out please - [click link here](#)

## **Safety**

Viking Nippers and Rookie Lifeguards will be following world leading standards for running surf sports activities. This will include safety procedures such as a Water Safety team with our own qualified Dubai Municipality accredited lifeguard employed for each session. Also we will have a qualified and accredited Viking first aid responder on the beach. This will be in addition to regular operating procedures such as buddy systems, high visibility vests, head counts, progressive activities, initial swim assessments and water safety supervision to child water participation ratios that exceed expected safety recommendations by SLSA.

Through our affiliations with Surf Life Saving Australia, all coaches and volunteers will have access to e-learning platforms to provide appropriate qualifications along with live training sessions to enhance practical skills and all coaches will be UAE cleared through police checks to work with children.

Surf sports can play a critical role in developing the physical competence and confidence needed for youngsters in aquatic environments that have inherent risks. As with all water sports it will have risks, but these will be minimised as much as possible with safety as an absolute priority.

## **Swimming Assessment**

Every Viking will be assessed in the initial session to determine swimming ability. While we appreciate swimming at the beach is more challenging than the pool, U6 & U8 participants must be able to swim at least 25m unaided in a pool and U10s and above must be able to swim 50m+ when we start our program in September.

We look forward to seeing the Vikings charge the beach on Saturday 4th September.

Yours in Surf Sports,

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